

Safe Routes



To School
with

TransOptions

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<p>You participate in your school's weekly Walk & Bike to School Days.</p> <p>Move up 3 spaces</p> 	<p>You see your friend walking on the other side of the road. You run across the road, without looking for cars, to meet them.</p> <p>Move back 2 spaces</p> 
<p>You stop, look both ways, make eye contact with drivers and wait for their wave before crossing the road.</p> <p>Advance to the crossing guard on duty</p> <p>OR move up 3 spaces</p> 	<p>On the days you walk to school you arrive alert and your brain is ready to learn!</p> <p>Move up 3 spaces</p> 
<p>You take your umbrella and walk to school with friends in the rain.</p> <p>Move up 2 spaces</p> 	<p>You walk 1 mile to school burning 100 calories!</p> <p>Move up 3 spaces</p> 
<p>Your parent must drive you to school because you overslept and don't have enough time to walk today.</p> <p>Move back 1 space</p> 	<p>You walk a 1/2 mile to school and build muscle while exercising along the way!</p> <p>Move up 3 spaces</p> 
<p>You text while crossing the road and are unaware of traffic around you.</p> <p>Lose next turn</p> 	<p>You ignore the crossing guard near the crosswalk and choose to jaywalk instead.</p> <p>Move back 1 space</p> 

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During May you participate in Bike to School Month!

Move up 3 spaces



You use hand signals and eye contact to communicate with other users of the road while riding your bike.

Move up 3 spaces



When riding on the sidewalk, you stop and get off your bike and walk across crosswalks.

Move up 3 spaces



You meet up with a group of friends and all ride to school together!

Move up 3 spaces



You chose not to wear your helmet while riding your bike or scooter.

Lose next turn



You ride 1 mile to school burning 150 calories!

Move up 3 spaces



Before riding you check the air in your tires, your brakes and bike chain for safety.

Move up 3 spaces



You get a flat tire while riding to school and don't have a tire patch kit with you.

Move back 1 space



You lay your bike down over the sidewalk near school so you don't have to walk over to the bike rack.

Move back 2 spaces



While riding, you regularly look over your shoulder for cars.

Move up 3 spaces



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**While walking home from school
you throw your snack wrapper on
the ground.**

Move back 2 spaces



**You pick a route to school with less
traffic so you breathe in less pollution.**

Move up 3 spaces



**You conserve gasoline when you walk/
bike to school.**

Move up 3 spaces



**You leave your lights on at home while
you're at school. Producing electricity
also produces air pollution.**

Move back 2 spaces



**You ask your parent to turn the car off
in the school pickup line.**

Move up 3 spaces



**You bike 1 mile to school while your
family's car stays parked in the garage,
saving 411 grams of CO2!**

Move up 3 spaces



**You check the air quality forecast before
going outdoors.**

Move up 3 spaces



**You carpool to school with your
neighbors.**

Join the player in the lead



**Your afterschool club makes anti-idling
signs and hangs them up near the
school's pickup/drop off areas.**

Move up 3 spaces



**You celebrate Earth Day everyday when
you choose to walk/bike to school!**

Move up 4 spaces



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You did not reach your daily step goals today because you were not able to walk to school.



Move back 1 space

During the winter you put on a hat and gloves in the car to keep warm and turn the engine off while you waiting in the pick up line.



Move up 2 spaces

You logged 1,000 steps on your walk to school this morning!



Move up 2 spaces

You dress in warm layers and ride your bike or scooter even during the winter months.



Move up 2 spaces

By walking to and from school each day you meet your required 60 minutes of physical activity.



Move up 3 spaces

You keep a working bell, lights and lock on your bike.



Move up 2 spaces

Your parent drops you off at the walking school bus stop. You walk to rest of the way to school with friends.



Move up 2 spaces

You wear reflective clothing while walking to school so drivers can see you more easily.



Move up 2 spaces

You're cold in the car. You ask your parent to turn on the engine and blast the heat.



Move back 2 spaces

You add reflective tape to your backpack and helmet for riding and scooting to school.



Move up 2 spaces